The Breast QoL Score was the main outcome measured in the study to assess differences between pre- and post-treatment QoL. The study found a significant improvement in QoL scores after treatment, indicating a positive impact of the intervention. The results were consistent with other studies that have used the Breast QoL Score to evaluate the effects of interventions on breast cancer patients' QoL.

The study also investigated the relationship between treatment-related side effects and QoL scores. It was observed that patients experiencing higher side effects had lower QoL scores. The results highlighted the importance of managing side effects to improve QoL in breast cancer patients.

The findings of this study have important implications for clinical practice. They suggest that interventions aimed at improving QoL in breast cancer patients are effective and should be incorporated into routine care. The Breast QoL Score can be a useful tool for monitoring QoL changes over time, which can help guide the adjustment of treatment plans to optimize patient outcomes.